

BCU Foundation Safety & Rescue Training Provider Requirements and Existing CST Provider Training Guidance Notes - March 08

Q - Who can run the FSRT Course ?

A CST Providers (who hold 3 Star in canoe & kayak):

If you are already a CST Provider, and hold 3 Star in both Canoe and Kayak you can register as a FSRT provider, and once registered offer the new BCU FSRT. **Send in the registration document attached.**

Q - As a single discipline CST Provider can I run the FSRT Course ?

A Not without additional commitment / training

CST Providers (single discipline):

If you do not hold a minimum of 3 Star in both Canoe and Kayak you can either:

- Achieve the alternative 3 Star award, and register as a FSRT provider, and once registered offer the new BCU FSRT course.

Send in the registration document attached.

or

- Access extra training in the other discipline, giving you the extra skills required. You will need to attend a half-day update in order to provide the BCU Foundation Safety & Rescue Training course. These will be provided by Home Nation Coaching officers who will advise dates.
- On completion of the training you will be able to register as a FSRT provider, and once registered offer the new BCU FSRT course.

Send in the registration document attached.

Q - What does the extra training consist of?

A A half day module presented within the Home Nations on a demand led basis. The session will be spent running through the FSRT syllabus and trainers notes with particular practical, on water emphasis in the providers unfamiliar craft including composite competition boats, ensuring that they are conversant with the safety issues, key learning points and are able to provide an accurate demonstrations (3* standard).